New for the 2024-25 School Year:

Any day that there is a 1 or 2 hour delay we will still be serving FREE breakfast for all students.

Selinsgrove Intermediate School Menu January 2025

*** Menu subject to change



4-25 ES/IS Student Meal Prices

Breakfast: FREE to ALL Students

Served 8:00AM-8:20AM Daily
Daily Menu Items and Cold Cereal
Options available
EVERY Student must take a Fruit OR Juice to

count as Breakfast

Lunch:

Free/Reduced Students —FREE Paid —\$2.50

EVERY student must take a Vegetable OR Fruit to count as a Lunch

Apply for Free/Reduced meals any time during the school year at Schoolcafe.com

Go to myschoolbucks.com to:

- View what your student is purchasing
- Receive notifications when their account balance is low
- Pay for meals online using a credit card (nominal fee charged by the company)

You can also pay for meals by sending cash with your student, send check with your student (made out to SASD Food & Nutrition Dept), or mail check to our dept.

JAN. I

NO SCHOOL



IAN. 2 Breakfast

Warm Blueberry OR Sprinkle Waffle Fruit & Juice Choices & Milk

Today's Entree Choices Chicken Nuggets w/ WG Roll NO CHEF SALADS TODAY

Lebanon Bologna Sandwich PB&J Sand OR Fluffernutter w/String Cheese

Choose at least I Fruit or Veg

Smiley Fries
Sliced Pears
Fresh Fruit or Veggies

TREAT: Froot loose Icee

JAN. 3 Breakfast

Warm Fruit Filled Frudel Fruit & Juice Choices & Milk

Today's Entree Choices

Nardone's Stuffed Crust Pizza
Chef Salad w/WG Roll
Lebanon Bologna Sandwich
PB&| Sand OR Fluffernutter w/String Cheese

Choose at least I Fruit or Veg

Green Beans Tropical Fruit Fresh Fruit or Veggies

Jan. 6 Breakfast

Poffitz Pancake Bites Fruit & Juice Choices & Milk

Today's Entree Choices

General Tso's Chicken w/Rice Chef Salad w/WG Roll Bologna & Cheese Sandwich PB&| Sand OR Fluffernutter w/Yogurt

Choose at least I Fruit or Veg

Steamed Broccoli Mandarin Oranges Fresh Fruit or Veggies

Jan. 7 Breakfast

Breakfast Pizza Fruit & Juices Choices & Milk

Today's Entree Choices

Chicken Patty Sandwich on WG Roll Chef Salad w/WG Roll Bologna & Cheese Sandwich PB&J Sand OR Fluffernutter w/Yogurt

Choose at least I Fruit or Veg

Stewed Tomatoes Green Beans Sliced Pears Fresh Fruit or Veggies

Jan. 8 Breakfast

Warm Blueberry OR Sprinkle Waffle Fruit & Juice Choices & Milk

Today's Entree Choices

Breaded Mozzarella Cheesesticks w/sauce w/ roll Chef Salad w/WG Roll Bologna & Cheese Sandwich PB&I Sand OR Fluffernutter w/Yogurt

Choose at least I Fruit or Veg

Glazed Carrots Mixed Fruit Fresh Fruit or Veggies

TREAT: Pudding

Jan. 9 Breakfast

Breakfast Sandwich
Fruit & Juice Choices & Milk

Today's Entree Choices

Turkey & Waffles w/gravy Chef Salad w/WG Roll Bologna & Cheese Sandwich PB&| Sand OR Fluffernutter w/Yogurt

Choose at least I Fruit or Veg

Mashed Potatoes w/ Gravy Frozen Peach Cup Fresh Fruit & Veggies

Jan. 10 Breakfast

Warm Fruit Filled Frudel Fruit & Juice Choices & Milk

Today's Entree Choices

Build-a- Burger w/let,tom,pickles Chef Salad w/WG Roll Bologna & Cheese Sandwich PB&J Sand OR Fluffernutter w/Yogurt

Choose at least I Fruit or Veg

Baked Beans Corn Applesauce Fresh Fruit or Veggies

Ian. I3

Poffitz Pancake Bites Fruit & Juice Choices & Milk

Today's Entree Choices

Waffle w/Scrambled Eggs & Sausage Links Chef Salad w/WG Roll Turkey & Cheese Sandwich PB&J Sand OR Fluffernutter w/String Cheese

Choose at least I Fruit or Veg

Hashbrown Orange Juice Applesauce Cup Fresh Fruit or Veggies

Jan. 14 Breakfast

Breakfast Pizza
Fresh Fruit & Juices Choices & Milk

Today's Entree Choices

Bosco Breadsticks w/sauce Chef Salad w/WG Roll Turkey & Cheese Sandwich PB&| Sand OR Fluffernutter w/String Cheese

Choose at least I Fruit or Veg

Steamed Carrots Peaches Fresh Fruit & Veggies

Jan. 15 Breakfast

Warm Blueberry OR Sprinkle Waffle Fruit & Juice Choices & Milk

Today's Entree Choices

Chicken Nuggets w/Biscuit Chef Salad w/WG Roll Turkey & Cheese Sandwich PB&J Sand OR Fluffernutter w/String Cheese

Choose at least I Fruit or Veg

Crinkle Cut Sweet Potato Fries Tropical Fruit Fresh Fruit or Veggies

Jan. 16 Breakfast

Breakfast Sandwich
Fruit & Juice Choices & Milk

Today's Entree Choices

Walking Taco w/Lettuce & Tomato w/Seasoned Brown Rice Chef Salad w/WG Roll Turkey & Cheese Sandwich PB&J Sand OR Fluffernutter w/String Cheese

Choose at least I Fruit or Veg

Refried Beans Green Beans Pineapple Fresh Fruit or Veggies

Jan. 17 Breakfast

Warm Fruit Filled Frudel Fruit & Juice Choices & Milk

Today's Entree Choices

Pulled Pork BBQ Sandwich Chef Salad w/WG Roll Turkey & Cheese Sandwich PB&| Sand OR Fluffernutter w/String Cheese

Choose at least I Fruit or Veg

Seasoned Potatoes Coleslaw Mandarin Oranges Fresh Fruit or Veggies T

TREAT: Choc Chip Cookie

Jan. 20

NO SCHOOL

Jan. 21 Breakfast

Breakfast Pizza
Fruit & Juices Choices & Milk

Today's Entree Choices

Popcorn Chicken w/WG Roll
Chef Salad w/WG Roll
Chex Cereal, Grahams, Yogurt
PB&| Sand OR Fluffernutter w/String Cheese

Choose at least I Fruit or Veg

Mashed Potatoes w/Gravy Corn Mandarin Oranges Fresh Fruit or Veggies

Jan. 22 Breakfast

Warm Blueberry OR Sprinkle Waffle Fruit & Juice Choices & Milk

Today's Entree Choices

Cheeseburger on WG Roll
Chef Salad w/WG Roll
Chex Cereal, Grahams, Yogurt
PB&J Sand OR Fluffernutter w/String Cheese

SIDE: Mini Pierogies

Choose at least I Fruit or Veg

Baked Beans Sliced Peaches Fresh Fruit or Veggies

Jan. 23 Breakfast

Breakfast Sandwich
Fruit & Juice Choices & Milk

Today's Entree Choices

Regular or Turkey& Cheese Hoagie Chef Salad w/WG Roll Chex Cereal, Grahams, Yogurt PB&J Sand OR Fluffernutter w/String Cheese

Choose at least I Fruit or Veg

Sliced Pears Fresh Fruit or Veggies

TREAT: Baked Lays Chips

Jan. 24 Breakfast

Warm Fruit Filled Frudel Fruit & Juice Choices & Milk

Today's Entree Choices

Big Daddy's Pizza Chef Salad w/WG Roll Chex Cereal, Grahams, Yogurt PB&| Sand OR Fluffernutter w/String Cheese

Choose at least I Fruit or Veg

California Blend Vegetables Pineapple Celery w/PB Fresh Fruit

Jan. 27 Breakfast

Poffitz Pancake Bites Fruit & Juice Choices & Milk

Today's Entree Choices

Three Cheese Calzones w/Marinara Sauce Chef Salad w/WG Roll Ham & Cheese Sandwich PB&l Sand OR Fluffernutter w/Yogurt

Choose at least I Fruit or Veg

Steamed Carrots Sliced Peaches Fresh Fruit or Veggies

Jan. 28 Breakfast

Breakfast Pizza
Fruit & Juices Choices & Milk

Today's Entree Choices

Fish Sandwich
Chef Salad w/WG Roll
Ham & Cheese Sandwich
PB&| Sand OR Fluffernutter w/Yogurt

Choose at least I Fruit or Veg

Tater Tots Pineapple Fresh Fruit or Veggies

TREAT: Fruited Jello

Jan. 29 Breakfast

Warm Blueberry OR Sprinkle Waffle Fruit & Juice Choices & Milk

Today's Entree Choices

Chicken Patty Sandwich w/let,tom,pickles Chef Salad w/WG Roll Ham & Cheese Sandwich PB&J Sand OR Fluffernutter w/Yogurt

Choose at Least I Fruit or Veg

Corn Applesauce Fresh Fruit or Veggies

Jan. 30 Breakfast

Breakfast Sandwich Fruit & Juice Choices & Milk

Today's Entree Choices

Pasta w/Meatsauce
w/Garlic Breadstick
Chef Salad w/WG Roll
Ham & Cheese Sandwich
PB&| Sand OR Fluffernutter w/Yogurt

Choose at least I Fruit or Veg

Peas Tossed Salad w/Dressings Mandarin Oranges Fresh Fruit

Jan. 31 Breakfast

Warm Fruit Filled Frudel Fruit & Juice Choices & Milk

Today's Entree Choices

Grilled Cheese OR Grilled Ham & Cheese
Sandwich
Chef Salad w/WG Roll
Ham & Cheese Sandwich
PB&I Sand OR Fluffernutter w/Yogurt

Soup: Campbell's Tomato Soup

Choose at least I Fruit or Veg

Steamed Broccoli Sliced Pears Fresh Fruit or Veggies

TREAT: Goldfish Crackers