

Selinsgrove Middle School Menu March 2025

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** Menu Subject to Change

MAR 3 Breakfast

PANCAKES & Sausage Fruit & Juice Choices & Milk

Today's Entree Choices

PA Beef Cheeseburger w/let,tom,pickle

Choose at least I Fruit or Veg

Smiley Fries Assorted Canned/Frozen Fruit Fresh Fruit or Veggies

MAR 4

NO SCHOOL
FOR
MIDDLE & INTERMEDIATE
SCHOOL STUDENTS

MAR 5 Breakfast

Warm Mini Cinnis Fruit & Juice Choices & Milk

Today's Entree Choices

Nardone's French Bread Pizza OR Nardone's Buffalo Chicken Pizza

Choose at Least I Fruit or Veg

California Blend Vegetables Cinnamon Applesauce Fresh Fruit or Veggies

MAR 6 Breakfast

French Toast Sticks
Fruit & Juice Choices & Milk

Today's Entree Choices

Regular/Italian/JHam or Turkey & Cheese Hoagie

Choose at least I Fruit or Veg

Pineapple Fresh Fruit or Veggies

Treat: Baked Lays Chips

MAR 7 Breakfast

Assorted Breakfast Items Fruit & Juice Choices & Milk

Today's Entree Choices

NEW! Cheese Lasagna w/WG Garlic Cheese filled Breadstick

Choose at least I Fruit or Veg

Tossed Salad w/dressings Sliced Pears Fresh Fruit

MAR 10 Breakfast

PANCAKES & Sausage Fruit & Juice Choices & Milk

Today's Entree Choices

Three Cheese OR Buffalo Cheese Calzones w/Marinara Sauce

Choose at least I Fruit or Veg

Steamed Carrots Assorted Canned/Frozen Fruit Fresh Fruit or Veggies

MAR II Breakfast

Breakfast Pizza Fruit & Juices Choices & Milk

Today's Entree Choices

Chicken & Cheese Quesadilla w/Salsa w/brown rice

Choose at least I Fruit or Veg

Green Beans Canned Fruit Fresh Fruit or Veggies

TREAT: Choc. Chip Cookie

MAR 12 Breakfast

Warm Mini Cinnis Fruit & Juice Choices & Milk

Today's Entree Choices

Chicken Patty Sandwich w/let,tom,pickles

Choose at Least I Fruit or Veg

Corn Applesauce Fresh Fruit or Veggies

MAR 13 Breakfast

French Toast Sticks
Fruit & Juice Choices & Milk

Today's Entree Choices

Spaghetti w/Meatsauce w/Garlic Bread

Choose at least I Fruit or Veg

Peas Tossed Salad w/Dressings Pineapple Fresh Fruit

MAR 14 Breakfast

Assorted Breakfast Items Fruit & Juice Choices & Milk

Today's Entree Choices

Grilled Cheese <u>OR</u> Grilled Ham & Cheese Sandwich

Soup: Campbell's Tomato Soup

Choose at least I Fruit or Veg

Steamed Broccoli Sliced Pears Fresh Fruit or Veggies

TREAT: Goldfish Crackers

MAR I7 Breakfast

NO SCHOOL

Act 80/Professional Development Day

MAR 18 Breakfast

Breakfast Pizza Fruit & Juices Choices & Milk

Today's Entree Choices

Big Daddy's Pizza

Choose at least I Fruit or Veg

Glazed Carrots Applesauce Fresh Fruit or Veggies

MAR 19 Breakfast

Warm Mini Cinnis Fruit & Juice Choices & Milk

Today's Entree Choices

Cheesesteak Sandwich w/peppers & onions

Choose at least I Fruit or Veg

French Fries Mixed Fruit Fresh Fruit or Veggies

MAR 20 Breakfast

French Toast Sticks Fruit & Juice Choices & Milk

Today's Entree Choices

New! Chicken Alfredo w/ WG Garlic Breadstick

Choose at least I Fruit or Veg

Steamed Broccoli Tossed Salad w/dressings Peaches Fresh Fruit

MAR 21 Breakfast

Assorted Breakfast Items Fruit & Juice Choices & Milk

Today's Entree Choices

Breaded Mozzarella Cheesesticks w/Marinara Sauce

Choose at least I Fruit or Veg

Peas Mandarin Oranges Fresh Fruit or Vegetables

Treat: Vanilla Chatsnax Crackers

MAR 24 Breakfast

Pancake & Sausage Fruit & Juice Choices & Milk

Today's Entree Choices

General Tso's Chicken w/Brown Rice

Choose at least I Fruit or Veg

Steamed Broccoli Asst. Canned/Frozen Fruit Fresh Fruit or Veggies

MAR 25 Breakfast

Breakfast Pizza Fruit & Juices Choices & Milk

Today's Entree Choices

French Toast Sticks Sausage Patty

Choose at least I Fruit or Veg

Hashbrown Mixed Fruit Orange Juice Fresh Fruit or Veggies

MAR 26 Breakfast

Warm Mini Cinnis Fruit & Juice Choices & Milk

Today's Entree Choices

Chicken Patty Sandwich

Choose at least I Fruit or Veg

Crinkle Cut Sweet Potato Fries Applesauce Fresh Fruit or Veggies

Treat: Froot looce Ice

MAR 27 Breakfast

French Toast Sticks Fruit & Iuice Choices & Milk

Today's Entree Choices

Turkey & Waffles w/gravy

Choose at least I Fruit or Veg

Mashed Potatoes w/ Gravy Pineapple Fresh Fruit & Veggies

MAR 28 Breakfast

Assorted Breakfast Items Fruit & Juice Choices & Milk

Today's Entree Choices

Macaroni & Cheese w/Fish Sticks

Choose at least I Fruit or Veg

Stewed Tomatoes Peas Sliced Pears Fresh Fruit or Veggies

MAR 31 Breakfast

Pancake & Sausage Fruit & Juice Choices & Milk

Today's Entree Choices

Bosco Cheese filled Breadsticks w/sauce

Choose at least I Fruit or Veg

Green Beans **Canned Fruit** Fresh Fruit & Veggies

MAR 3-7 IS NATL BKFST WEEK



Also available Daily for LUNCH:

- Week of 3/3-7, 3/10-14 & 3/24-28: Chef Salad w/WG Dinner Roll
- Week of 3/18-21, 3/31-4/4 Grilled Chicken on Garden Salad w/WG Roll
- PB&J Sandwich w/String Cheese or 4 oz. Yogurt
- Fluffernutter Sandwich w/ String Cheese OR 4 oz. Yogurt
- WG Soft Pretzel w/cheese OR 8 oz. Yogurt

Weekly Sandwich Specials:

3/3-7:Lebanon Bologna Sandwich 3/10-14: Turkey & Cheese Sand. 3/18-21: Ham & Cheese Sand. 3/24-28Cinn. Chex Cereal, Grahams & 8 oz. Yogurt 3/31-4/4: Turkey & Cheese Sand.

Also Available Daily for

BREAKFAST:

Variety of Cereal w/Chatsnax Crackers/Animal Crackers OR Muffin OR Nutrigrain Bar Bagel w/jelly or Cream Cheese WGR Poptarts (2) WGR Cereal Bar

Now Hiring: Cook/Cashier, please visit the employment tab at www.seal-pa.org for opportunities

2024-25 High School Student Meal **Prices**

Breakfast: FREE to ALL Students

Served 8:00AM-8:20AM Daily Daily Menu Items and Cold'Cereal Options available

EVERY Student must take a Fruit OR Juice to count as Breakfast

Lunch:

Free/Reduced Students —FRFF Paid —\$2.70

EVERY student must take a Vegetable OR Fruit to count as a Lunch

Apply for Free/Reduced meals any time during the school year at Schoolcafe.com